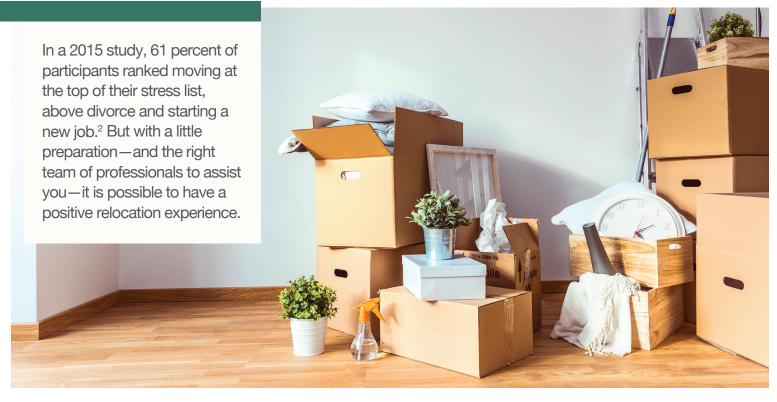


- **1. Gather Information:** If you're unfamiliar with your new area, start by doing some research.<sup>1</sup>
- ☐ Look for data on housing prices, demographics, school rankings and crime statistics.
- ☐ Map out major interstates and public transit routes.
- ☐ Check out local newspapers, blogs and online forums.
- ☐ If you're moving for a job, find out if your employer offers any relocation assistance.
- **2. Identify Your Ideal Neighborhoods:** Use your research to determine which communities would be a good fit for you and your family.
- Prioritize your "needs" and "wants" based on factors such as budget, schools and commute time.
- ☐ Identify neighborhoods that meet your criteria.
- ☐ Visit in person to get a feel for each community.
- ☐ Strike up conversations with local residents.



## 3. Find Your New Home (and Sell Your Old One):

Contact a real estate agent for assistance.

- ☐ Prioritize your "needs" and "wants" for your new house.
- ☐ Start the process of selling or renting out your current home.
- ☐ Find out how much equity you have in your current home.
- **4. Prepare for Your Departure:** Allow yourself plenty of time to pack—it often takes longer than expected.
- ☐ Sort your belongings: take, trash, sell or donate.3
- ☐ Research and select a moving company.
- ☐ Schedule final get-togethers with friends and family.
- **5. Prepare for Your Arrival:** Ensure a smooth transition by thinking about what you'll need when you arrive.
- ☐ Pack an "essentials box" with everything you'll need for the first few nights in your new home.⁴
- ☐ Turn on utilities, update accounts and forward mail.
- ☐ Have the house professionally cleaned.
- Order window treatments and appliances ahead of time.

- **6. Get Settled In Your New Home:** Create a plan so your new house will be well organized.
- ☐ If you have young children, unpack their rooms first to establish a sense of comfort and normalcy.<sup>5</sup>
- ☐ Next, unpack any items you use on a daily basis.
- □ Let pets adjust to a single room first.<sup>6</sup>
- ☐ Take breaks to explore your new hometown!
- **7. Get Involved In Your New Community:** Combat feelings of loneliness and depression that can come with moving.<sup>7</sup>
- ☐ Go out for a walk and explore your new area.
- ☐ Join a local interest group or volunteer for a cause.
- ☐ Introduce yourself to your new neighbors, and make an effort to get to know them.

1. You Move Me 3. The Spruce 5. Moving.com 7. Psychology Today

2. The Daily Express 4. The Spruce 6. ASPCA

## Let's Get Moving!

We specialize in assisting home buyers and sellers with a seamless and "less-stress" relocation. Along with our referral network of movers, handymen, housekeepers, decorators, contractors and other service providers, we can help take the hassle and headache out of your upcoming move. Give us a call or message us to schedule a free, no-obligation consultation!



